The Premier School

November 2026 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 **B:** Raisin Bran Cereal, Diced Pears, Milk **L:** Sloppy Joe Sandwich on Enriched Bun, Green Beans, Tropical Fruit, Milk **S:** Graham Crackers, Strawberry Cream Cheese, Water	**3** **B:** Assorted Muffins, Applesauce, Milk **L:** Soft Taco, Whole Kernel Corn, Pineapple Tidbits, Milk **S:** Oatmeal Cream Pie, Milk	**4** **B:** Lucky Charms Cereal, Pineapple Tidbits, Milk **L:** Chicken Noodle Soup, ½ American Cheese Sandwich, Peas, Applesauce, Milk **S:** Assorted Yogurt, Animal Crackers, Water	**5** **B:** Coffee Cake, Bananas, Milk **L:** Waffles, Tater Tots, Turkey Sausage, Diced Peaches, Milk **S:** Goldfish Crackers, Apple Slices, Water	**6** **B:** Life Cereal, Mandarin Oranges, Milk **L:** All Beef Hotdogs, Enriched Bun, Mixed Vegetable, Diced Pears, Milk **S:** Tortilla Chips, Mild Salsa, Water
9 **B:** Rice Krispies Cereal, Mandarin Oranges, Milk **L:** Chicken and Dumplings, Mashed Potatoes, Broccoli, Fruit Cocktail, Milk **S:** Ritz Crackers, Marble Cheese Stick, Water	**10** **B:** Assorted Cereal Bars, Bananas, Milk **L:** Marinara Beef Pasta, Shredded Mozzarella Cheese, Peas and Carrots, Pineapple Tidbits, Milk **S:** Breadsticks, Marinara Sauce, Water	**11** **B:** Multigrain Cheerio's Cereal, Diced Peaches, Milk **L:** Chicken Nuggets, Dinner Roll, Whole Kernel Corn, Tropical Fruit, Milk **S:**Vanilla Pudding, Vanilla Wafers, Water	**12** **B:** Orange Sweet Bread, Applesauce, Milk **L:** Vegetable Soup, 1/2 Turkey and American Cheese Sandwich, Diced Peaches, Milk **S :** Soft Pretzel, Cream Cheese, Water	**13** **B:** Strawberry Special K Cereal, Pineapple Tidbits, Milk **L:** Chicken Alfredo Pasta, Broccoli Normandy, Diced Pears, Milk **S:** Ice Cream Social, Ice Cream Sandwich
16 **B:** Life Cereal, Tropical Fruit, Milk **L:** Baked Beans with Diced All Beef Hotdogs, Dinner Roll, Diced Pears, Milk **S:** Assorted Yogurt, Animal Crackers, Water	**17** **B:** Assorted Muffins, Applesauce, Milk **L:** Soft Taco, Whole Kernel Corn, Pineapple Tidbits, Milk **S:** Tortilla Chips, Mild Salsa, Water	**18** **B:** Cheerios Cereal, Mandarin Oranges, Milk **L:** Macaroni and Cheese, Slice of Turkey Breast, Broccoli Normandy, Tropical Fruit, Milk **S:** Cheese Crackers, Water	**19** **B:** Donuts, Bananas, Milk **L:** Fish Sticks, Dinner Roll, Tator Tots, Diced Peaches, Milk **S:** Chocolate Chip Cookie, Milk	**20** **B:** Raisin Bran Crunch Cereal, Diced Pears, Milk **L:** All Beef Hotdogs, Enriched Bun, Green Beans, Fruit Cocktail, Milk **S:** Pretzel Sticks, Hummus, Water
23 **B:** Yogurt Special K Cereal, Diced Peaches, Milk **L:** Chili Macaroni Pasta, Whole Kernel Corn, Pineapple Tidbits. Milk **S:** Fudge Round, Milk	**24** **B:** Coffee Cake, Bananas, Milk **L:** Pancakes, Tater Tots, Turkey Sausage, Tropical Fruit, Milk **S:** Graham Crackers, Berry Cream Cheese, Water	**25** **B:** Chex Cereal, Pineapple Tidbits, Milk **L:** Meatball Subs, Enriched Bun, Mixed Vegetable, Diced Pears, Milk **S:** Cheez its, Applesauce, Water	**26** **B:** Blueberry Bread, Applesauce, Milk **L:** Chicken and Dumplings, Mashed Potatoes, Green Beans, Fruit Cocktail, Milk **S:** Breadsticks, Marinara Sauce, Water	**27** **B:** Protein Cheerios Cereal, Mandarin Oranges, Milk **L:** Sloppy Joe Sandwich on Enriched Bun, Broccoli, Diced Peaches, Milk **S:** Wheat Thin Crackers, Mozzarella Cheese Sticks, Water
30 **B:** Life Cereal, Diced Peaches, Milk **L:** Macaroni and Cheese, Broccoli, Pineapple, Milk **S:** Chocolate Pudding, Graham Crackers, Water				



Portion Sizes: **1-2 Years Old** Breakfast: Milk 1/2 C, Fruit/Veg 1/4 C, Grain 1/2 Slice or 1/4 C Lunch: Meat 1 oz, Grain 1/2 Slices or 1/4 C, Milk 1/2 C Snacks: Milk 1/2 C, Fruit/ Veg 1/2 C Grain 1/2 Slice or 1/4 C, Meat 1/2 oz. **3-5 Years Old** Breakfast: Milk 3/4 C, Fruit/Veg 1/2 C, Grain 1/2 Slice or 1/4 C Lunch: Meat 1 1/2 oz, Grain 1/2 Slice or 1/4 C Fruit/ Veg, 1/2 C Milk 3/4 C Snacks: Milk 1/2 C Fruit/Veg 1/2 C, Grain 1/2 Slice or 1/4 C Meat 1/2 oz **6-12 Years Old** Breakfast: Milk 1 C, Fruit/Veg 1/2 C, Grain 1 Slice or 3/4 C Lunch: Meat 2 0z, Grain 1 Slice or 1/2 C, Fruit/Veg 3/4 C, Milk 1 C, Snacks: Milk 1/2 C, Fruit/Veg 1/2 C, Grain 1/2 Slice or 1/4 C, Meat 1 oz **Substitutions for Infants:** Applesauce for Apple Slices. Animal Crackers, or Cereal Bars, or Graham Crackers for Chips & Salsa.