

June Menu 2024

Monday

3 B: Blueberry Bread, Fruit Cocktail, Milk

L: Ravioli, Shredded Cheese, Mixed Vegetables, Pineapple Tidbits, Milk

S: Oatmeal Cream Pie

Tuesday

4 B: Rice Krispies Cereal, Diced Peaches, Milk

L: Turkey and American Cheese Sandwich, Dill Pickle Spear, Pears, Milk

S: Goldfish Crackers, Applesauce/ Apple Slices, Water

Wednesday

5 B: Mini Wheats, Diced Pears, Milk

L: Sloppy Joe Sandwich, Enriched Bun, Mixed Vegetables, Tropical Fruit, Milk

S: Soft Pretzel, Cream Cheese, Water

Thursday

6 B: Banana Bread, Diced Pineapple, Milk

L: Chicken Stir Fry, Peas and Carrots, Mandarin Oranges, Milk

S: Breadsticks, Marinara Sauce, Water

Friday

7 B: Cheerios Oat Crunch, Pineapple Tidbits, Milk

L: Bagel Pizza Bites, Broccoli, Mandarin Oranges, Milk

S: Wheat Thin Crackers, Mozzarella String Cheese, Water

10 B: Raisin Bran Crunch, Tropical Fruit, Milk

L: French Toast Sticks, Tater Tots, Turkey Sausage, Diced Peaches

S: Soft Pretzel, Cream Cheese, Water

11 B: Blueberry Muffin, Diced Peaches, Milk

L: Chicken Alfredo, Broccoli Normandy, Diced Pineapple, Milk

S: Assorted Yogurt, Animal Crackers, Water

12 B: Special K Cereal, Peaches, Milk

L: All Beef Meatball Sub, Enriched Bun, Green Beans, Apple Slices, Milk

S: Wheat Thin Crackers, Mozzarella Cheese Sticks, Water

13 B: Donuts, Bananas, Milk

L: Macaroni and Cheese, Broccoli, Diced Fruit Cocktail and Milk

S: Tortilla Chips, Mild Salsa, Water

14 B: Life Cereal, Applesauce, Milk

L: Chicken Nuggets, Dinner Roll, Corn, Diced Pears, Milk

S: Brownie

17 B: Corn Flakes Cereal, Applesauce, Milk

L: Marinara Beef Pasta, Shredded Mozzarella Cheese, Mixed Vegetables, Fruit Cocktail, Milk

S: Ritz Crackers, Marble Cheese Stick, Water

18 B: Cereal Bars, Bananas, Milk

L: Soft Taco, Whole Kernel Corn, Diced Pineapple, Milk

S: Breadsticks, Marinara Sauce, Water

19 B: Cheerios Oat Crunch, Pineapple Tidbits, Milk

L: Bagel Pizza Bites, Broccoli, Mandarin Oranges, Milk

S: Wheat Thin Crackers, Mozzarella String Cheese, Water

20 B: Assorted Muffins, Tropical Fruit, Milk

L: All Beef Hot Dogs, Enriched Bun, French Fries, Pears, Milk

S: Graham Crackers, Strawberry Cream Cheese, Water

21 B: Banana Bread, Diced Pineapple, Milk

L: Chicken Stir Fry, Peas and Carrots, Mandarin Oranges, Milk

S: Ice Cream Social, Ice Cream Sandwich

24 B: Cheerios Cereal, Fruit Cocktail, Milk

L: Baked Beans and Diced All Beef Hotdogs, Dinner Roll, Diced Peaches, Milk

S: Wheat Thin Crackers, Mozzarella String Cheese, Water

25 B: Blueberry Bread, Fruit Cocktail, Milk

L: Ravioli, Shredded Cheese, Mixed Vegetables, Pineapple Tidbits, Milk

S: Vanilla Pudding, Vanilla Wafers, Water

26 B: Special K Cereal, Pineapple, Milk

L: Macaroni and Cheese, Broccoli, Diced Pears, Milk

S: Tortilla Chips, Mild Salsa, Water

27 B: Donuts, Pears, Milk

L: Chicken Nuggets, Dinner Roll, Corn, Fruit Cocktail, Milk

S: Assorted Yogurt, Animal Crackers, Water

28 B: Rice Krispies Cereal, Mandarin Oranges, Milk

L: Chicken Alfredo, Broccoli, Diced Pineapple, Milk

S: Fudge Round, Milk

SUMMER

Portion Sizes: **1-2 Years Old** Breakfast: Milk 1/2 C, Fruit/Veg 1/4 C, Grain 1/2 Slice or 1/4 C Lunch: Meat 1 oz, Grain 1/2 Slices or 1/4 C, Milk 1/2 C Snacks: Milk 1/2 C, Fruit/ Veg 1/2 C Grain 1/2 Slice or 1/4 C, Meat 1/2 oz. **3-5 Years Old** Breakfast: Milk 3/4 C, Fruit/Veg 1/2 C, Grain 1/2 Slice or 1/4 C Lunch: Meat 1 1/2 oz, Grain 1/2 Slice or 1/4 C Fruit/ Veg, 1/2 C Milk 3/4 C Snacks: Milk 1/2 C Fruit/Veg 1/2 C, Grain 1/2 Slice or 1/4 C Meat 1/2 oz **6-12 Years Old** Breakfast: Milk 1 C, Fruit/Veg 1/2 C, Grain 1 Slice or 3/4 C Lunch: Meat 2 Oz, Grain 1 Slice or 1/2 C, Fruit/Veg 3/4 C, Milk 1 C, Snacks: Milk 1/2 C, Fruit/Veg 1/2 C, Grain 1/2 Slice or 1/4 C, Meat 1 oz **Substitutions for Infants:** Applesauce for Apple Slices. Animal Crackers, or Cereal Bars, or Graham Crackers for Chips & Salsa.