



# March Menu 2024

Monday

Tuesday

Wednesday

Thursday

Friday



**1 B:** Orange Sweet Bread, Applesauce, Milk

**L:** Chicken Stir Fry, Peas and Carrots, Mandarin Oranges, Milk

**S:** Oatmeal Cream Pie, Milk

**4 B:** Donuts, Mandarin Oranges, Milk

**L:** Sloppy Joe Sandwich, Enriched Bun, Mixed Vegetables, Diced Pears, Milk

**S:** Soft Pretzel, Cream Cheese, Water

**5 B:** Cheerios, Diced Peaches, Milk

**L:** Soft Taco, Whole Kernel Corn, Diced Peaches, Milk

**S:** Wheat Thin Crackers, Mozzarella String Cheese, Water.

**6 B:** Assorted Cereal Bars, Diced Pears, Milk

**L:** Slice of Turkey Breast, Green Beans, Dinner Roll, Pineapple, Milk

**S:** Goldfish Crackers, Apple Slices/Sauce, Water

**7 B:** Coffee Cake, Bananas, Milk

**L:** Marinara Beef Pasta, Shredded Mozzarella Cheese, Broccoli, Fruit Cocktail. Milk

**S:** Tortilla Chips, Mild Salsa, Water

**8 B:** Life Cereal, Applesauce, Milk

**L:** Cheeseburgers, Dill Pickle Spear, Mandarin Oranges

**S:** Ice Cream Social, Ice Cream Sandwich

**11 B:** Rice Krispies Cereal, Diced Peaches, Milk

**L:** Chicken Alfredo, Broccoli, Tropical Fruit, Milk

**S:** Breadsticks, Marinara Sauce, Water

**12 B:** Banana Bread, Diced Pears, Milk

**L:** Baked Beans with Diced All Beef Hotdogs, Dinner Roll, Diced Pineapple, Milk

**S:** Goldfish Crackers, Applesauce/ Apple Slices, Water

**13 B:** Life Cereal, Applesauce, Milk

**L:** Chicken Nuggets, Dinner Roll, Whole Kernel Corn, Diced Peaches, Milk

**S:** Ritz Crackers, Marble Cheese Stick, Water

**14 B:** Assorted Muffins, Fruit Cocktail, Milk

**L:** Beef Chili, Saltine Crackers, Peas, Diced Pears, Milk

**S:** Graham Crackers, Strawberry Cream Cheese, Water

**15 B:** Orange Sweet Bread, Diced Pineapple, Milk

**L:** French Toast Sticks, Tater Tots, Turkey Sausage, Diced Peaches, Milk

**S:** Oatmeal Cream Pie

**18 B:** Coffee Cake, Fruit Cocktail, Milk

**L:** Cheeseburgers, Dill Pickle Spear, Mandarin Oranges

**S:** Wheat Thin Crackers, Mozzarella String Cheese, Water

**19 B:** Cheerio's Cereal, Applesauce, Milk

**L:** Marinara Beef Pasta, Shredded Mozzarella Cheese, Peas and Carrots, Diced Pears, Milk

**S:** Soft Pretzel, Cream Cheese, Water

**20 B:** Donuts, Bananas, Milk

**L:** Sloppy Joe Sandwiches, Dill Pickle Spear, Fruit Cocktail, Milk

**S:** Tortilla Chips, Mild Salsa, Water

**21 B:** Raisin Bran Cereal, Diced Peaches, Milk

**L:** All Beef Hotdogs, Enriched Bun, Green Beans, Diced Pineapple, Milk

**S:** Assorted Yogurt, Animal Crackers, Water

**22 B:** Assorted Cereal Bars, Diced Pears, Milk

**L:** All Beef Meatball Sub, Enriched Bun, French Fries, Applesauce, Milk

**S:** Fudge Round, Milk

**25 B:** Banana Bread, Applesauce, Milk

**L:** Chicken Nuggets, Dinner Roll, Peas, Applesauce, Milk

**S:** Ritz Crackers, Marble Cheese Stick, Water

**26 B:** Assorted Muffins, Fruit Cocktail, Milk

**L:** Soft Taco, Whole Kernel Corn, Diced Pineapple, Milk

**S:** Vanilla Pudding, Vanilla Wafers, Water

**27 B:** Life Cereal, Diced Peaches, Milk

**L:** Chicken Alfredo, Broccoli, Tropical Fruit

**S:** Chocolate Chip Cookie, Milk

**28 B:** Orange Sweet Bread, Diced Pears, Milk

**L:** Macaroni and Cheese, Slice of Turkey Breast, Broccoli, Diced Peaches, Milk

**S:** Goldfish Crackers, Applesauce/ Apple Slices, Water

**29 B:** Corn Flakes Cereal, Diced Pineapple, Milk

**L:** Chicken Stir Fry, Peas and Carrots, Mandarin Oranges, Milk

**S:** Breadsticks, Marinara Sauce, Water

**Portion Sizes:** 1-2 Years Old Breakfast: Milk 1/2 C, Fruit/Veg 1/4 C, Grain 1/2 Slice or 1/4 C Lunch: Meat 1 oz, Grain 1/2 Slices or 1/4 C, Milk 1/2 C Snacks: Milk 1/2 C, Fruit/ Veg 1/2 C Grain 1/2 Slice or 1/4 C, Meat 1/2 oz. 3-5 Years Old Breakfast: Milk 3/4 C, Fruit/Veg 1/2 C, Grain 1/2 Slice or 1/4 C Lunch: Meat 1 1/2 oz, Grain 1/2 Slice or 1/4 C Fruit/ Veg, 1/2 C Milk 3/4 C Snacks: Milk 1/2 C Fruit/Veg 1/2 C, Grain 1/2 Slice or 1/4 C Meat 1/2 oz 6-12 Years Old Breakfast: Milk 1 C, Fruit/Veg 1/2 C, Grain 1 Slice or 3/4 C Lunch: Meat 2 Oz, Grain 1 Slice or 1/2 C, Fruit/Veg 3/4 C, Milk 1 C, Snacks: Milk 1/2 C, Fruit/Veg 1/2 C, Grain 1/2 Slice or 1/4 C, Meat 1 oz **Substitutions for Infants:** Applesauce for Apple Slices, Animal Crackers, or Cereal Bars, or Graham Crackers for Chips & Salsa.