



## **Pre-Kindergarten Schedule**

<b>6:30 – 8:30 am</b>	Supervised Free Play
<b>8:30 – 9:00 am</b>	Breakfast
<b>9:00 – 9:15 am</b>	Yoga/ Music and Movement
<b>9:15 – 9:30 am</b>	Calendar
<b>9:30 – 10:30 am</b>	Curriculum Based Activities/ Centers
<b>10:30 – 11:00 am</b>	Outdoor Play/ Indoor Gross Motor Activity
<b>11:00 – 11:30 pm</b>	Handwashing and Large Group Activity
<b>11:30 – 12:00 pm</b>	Lunch/ Clean-up
<b>12:00 – 12:30 pm</b>	Restroom/ Handwashing/ Cleanup
<b>12:30 – 3:30 pm</b>	Relax/ Nap Time
<b>3:30 – 4:15 pm</b>	Pick-up Cots/ Restroom/ Snack/ Clean Up
<b>4:15 – 5:00 pm</b>	Outdoor Play/ Indoor Gross Motor Activity
<b>5:00 – 5:15 pm</b>	Restroom/ Centers
<b>5:15 – 5:45 pm</b>	Carpet Toys/ Puzzles
<b>5:45 – 6:30 pm</b>	Free Play/ Movie Watching