



Infant 1 Schedule

Individual feeding, diaper, and nap schedules are followed throughout the day

6:30 – 8:30 am	Individual Activities – Free Play and Tummy Time!
8:30 – 9:00 am	Breakfast
9:00 – 9:30 am	Clean-up/ Diaper Checks/ Changes
9:30 – 10:30 am	Music and Rhythm Activities
10:30 – 11:00 am	Art Experience (Teacher Assisted)
11:00 – 11:30 am	Diaper Checks/ Changes
11:30 – 12:00 am	Lunch
12:00 – 12:45 pm	Clean up Lunch
12:45 – 1:00 pm	Circle Time and Reading
1:00 – 1:30 pm	Diaper Checks/ Changes
1:30 – 2:00 pm	Free Play
2:00 – 3:00 pm	Snack Time/ Snack Time Clean Up
3:00 – 3:30 pm	Diaper Checks/ Changes
3:30 – 4:00 pm	Individual Activities
4:00 – 4:30 pm	Small group time – Exploration of materials
4:30 – 5:00 pm	Diaper Checks/ Changes
5:00 – 5:30 pm	Individual Activities/ Small Snacks
5:30 – 6:30 pm	Free Play and Tummy Time!